

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# FEBRUARY 2018

Lighthouse Assisted Living, Inc.  
[www.lighthouseassistedliving.com](http://www.lighthouseassistedliving.com)  
 720.344.7217

				<p><b>1</b>                  10:00 Exercise                  11:00 Trivia                  2:00 Sing Along with Troy (Emporia)                  3:30 "The Sound of Music"</p>	<p><b>2</b>                  10:00 Stretching                  10:30 Memories in the Making (Emporia House)                  2:00 Trivia                  3:30 Movie: "Ground Hog Day"  <small>Groundhog Day</small></p>	<p><b>3</b>                  10:00 Stretching                  10:30 Memories in the Making (Emporia House)                  2:00 Trivia                  3:30 Word Find</p>
<p><b>4</b>                  10:00 Balloon Volleyball                  10:30 Sunday Devotional                  3:30 Trivia</p>	<p><b>5</b>                  10:00 Exercise                  10:30 The Daily Chronicle                  2:00 Sentimental Sing Along                  3:30 Reflections DVD</p>	<p><b>6</b>                  10:00 Stretching                  10:30 Memories in the Making (Steele House)                  2:00 Trivia                  3:30 Word Find</p>	<p><b>7</b>                  10:00 Exercise                  10:30 House Meeting (Emporia)                  2:00 House Meeting (Elizabeth)                  3:30 Bean Bag Toss</p>	<p><b>8</b>                  10:00 Exercise DVD                  10:30 Tissue Paper Craft                  3:30 Root Beer Floats</p>	<p><b>9</b>                  10:00 Exercise                  10:30 Scenic Bus (Irwin)                  2:00 Noodle Nudgers                  3:30 Write</p>	<p><b>10</b>                  10:00 Exercise                  10:30 House Meeting (Irwin)                  2:00 House Meeting (Wadsworth)</p>
<p><b>11</b>                  10:00 Balloon Volleyball                  10:30 Sunday Devotional                  3:30 Trivia</p>	<p><b>12</b>                  10:00 Exercise                  10:30 Joy Ride (Steele &amp; Elizabeth)                  2:00 Cranium Crunches                  3:30 Art Pages</p>	<p><b>13</b>                  10:00 Exercise                  10:30 What is Mardi Gras                  2:00 Mardi Gras Party at Steele House  <small>Mardi Gras</small></p>	<p><b>14</b>                  Happy Valentine's Day!                  2:00 Valentine's Day Party at Wadsworth  <small>Valentine's Day</small></p>	<p><b>15</b>                  10:00 Exercise                  10:30 House Meeting (Emporia)                  2:00 House Meeting (Elizabeth)                  3:30 Bean Bag Toss</p>	<p><b>16</b>                  10:00 Exercise                  10:30 Memories in the Making (Wads)                  2:00 Indoor Golf                  3:00 Riddles &amp; Rhymes  <small>Chinese New Year</small></p>	<p><b>17</b>                  10:00 Exercise                  10:30 House Meeting (Emporia)                  2:00 House Meeting (Elizabeth)                  3:30 Bean Bag Toss</p>
<p><b>18</b>                  10:00 Exercise                  10:30 Sunday Devotional                  2:00 Resident Choice Movie                  3:30 Trivia</p>	<p><b>19</b>                  10:00 Ball Games                  11:00 Presidents Discussion                  2:00 Movie: "The American President"  <small>Presidents' Day (US)</small></p>	<p><b>20</b>                  10:00 Stretching                  10:30 Memories in the Making (Newland)                  3:30 Name That Tune                  6:00 NCIS</p>	<p><b>21</b>                  10:00 Exercise                  10:30 Memories in the Making (Wads)                  2:00 Indoor Golf                  3:00 Riddles &amp; Rhymes</p>	<p><b>22</b>                  10:00 Exercise                  10:30 Scrapbooks for Preschoolers                  2:00 Memories in the Making (Elizabeth)</p>	<p><b>23</b>                  10:00 Exercise                  10:30 Memories in the Making (New)                  2:00 Indoor Golf                  3:00 Riddles &amp; Rhymes</p>	<p><b>24</b>                  10:00 Exercise                  2:00 Arm Chair Travel Australia                  3:30 Sing Along (Wadsworth)</p>
<p><b>25</b>                  10:00 Exercise                  10:30 Sunday Morning Devotional                  2:00 Cross Word Puzzles</p>	<p><b>26</b>                  10:00 Exercise                  10:30 Scenic Bus (Wadsworth)                  2:00 Noodle Nudgers                  3:30 Write A Poem</p>	<p><b>27</b>                  10:00 Exercise                  10:30 Scrapbooks for Preschoolers                  2:00 Memories in the Making (Elizabeth)</p>	<p><b>28</b>                  10:00 Exercise                  10:30 Memories in the Making (Wadsworth)                  2:00 Music with Troy (Elizabeth)</p>	<p>Lighthouse Assisted Living, Inc.  <a href="http://www.lighthouseassistedliving.com">www.lighthouseassistedliving.com</a>                  720.344.7217</p>		

\*\*Activities May Be Subject to Change\*\*