

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">August 2018</h1> <p style="margin: 0;">Lighthouse Assisted Living 720-344-7217 www.lighthouseassistedliving.com</p>			1 It's Colorado Day! BBQ Pan for Gold Colorado History & Stories	2 Walk the Block Manicures Memories in the Making at Wadsworth House Carol Burnett DVD	3 Exercise Entertainment Jeff V 2:00 Bunny Visits with Heather Happy Hour	4 Stretching 10:00 Scenic Bus Ride Quilts for the homeless Bingo
5 9:00 Catholic Mass Ch 3 11:00 Protestant Church Service Ch 221 Devotions With Nancy Word Games Sit and Stretch	6 Chair Exercise 10:00 Mall Trip** Ice Cream Social Card Games 7:00 Hallmark Movie	7 You Tube Exercise with Beverly Art Expressions Board Games Word Games	8 Bean Bag Toss 10:00 Bowling Outing Quilts for the homeless Netflix: Jumanji	9 Stretching Book Group Word Games Crossword Puzzles Remember Your First Date	10 Exercise 10:00 Visits from Grace Academy Students Bake Cookies Cookie Trivia	11 Stretching 10:00 Scenic Bus Ride Ice Cream Social Laughter – The Best Medicine
12 9:00 Catholic Mass Ch 3 11:00 Protestant Church Service Ch 221 Devotions With Nancy Chair Volleyball	13 In house Bowling 10:00 Travel Slides – Dan V Begins with “Q” Root Beer Floats Trivia	14 Exercise 10:30 Music Program – Troy Tie Dye Shirts Bingo	15 Stretching Art Expressions Card Games You Tube Sing Along	16 In House Bowling Arm Chair Travel Brazil (you tube) Make Brazilian Coffee Cookies Brazilian Coffee	17 Chair Exercises Magazine Scavenger Hunt Quilting Group “Things Mother Goose Might Say”	18 Walks & Talks 10:00 Scenic Bus Ride Pizza Party Giggles & Grins Movie: TBD
19 9:00 Catholic Mass Ch 3 11:00 Protestant Church Service Ch 221 Root Beer Floats	20 Bean Bag Toss Car Trivia UNO Begins with “J” Shell Peanuts	21 Stretching Make Peanut Brittle Trip to Library Visits from Preschoolers	22 Exercise 10:00 Trip to Walmart Trivia Name that Tune	23 Stretching 10:00 Hammond’s Candy Factory Tour Root Beer Floats	24 Balloon Volleyball Poker Quilting Group Make Sand Candles Remember When	25 Exercise 10:00 Classic Car Show at O’Kane Park Movie: TBD
26 9:00 Catholic Mass Ch 3 11:00 Protestant Church Service Ch 221 Devotions With Nancy Word Games	27 Exercise Watercolor Painting 11:30 Out for lunch Word Games	28 Stretching Make Home Made Ice Cream Entertainment: Don V	29 Walks & Talks Art Expressions Card Games Music and Memories with Troy	30 Mad Libs Words that begin with the letter “H” Make Cherry Cheese Cake Bites	31 Chair Volleyball 10:00 Scenic Bus Ride “I Spy” Scrabble Happy Hour	

Activities May be Subject to Change *Times are not designated for most activities to allow for flexibility and creativity