

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# HAPPY FEBRUARY BIRTHDAY

Lighthouse Assisted Living  
303.344.7217

[www.lighthouseassistedliving.com](http://www.lighthouseassistedliving.com)

1  
Exercise  
Table Talk  
Today In History  
Horoscopes  
7:00 Andy Griffith  
show Ch. 250

2  
Exercise  
Visits with the J's  
All About  
Groundhog Day  
6:00 Jeopardy &  
Wheel of Fortune  
Groundhog Day

3  
9:00 Mass Ch 3  
11:00 Church  
Service Ch 221  
4:30 Super Bowl  
Party  
Patriots vs Rams

4  
Stretching  
Table Talk  
Trivia  
Word Games  
6:00 Jeopardy &  
Wheel of Fortune

5  
Stretching  
Current Events  
Horoscopes  
6:00 Jeopardy &  
Wheel of Fortune  
Chinese New Year

6  
Ball Toss  
Word Games  
Table Talk  
Horoscopes  
6:00 Jeopardy &  
Wheel of Fortune

7  
Stretching  
Reminisce: My First  
Sweetheart  
10:00 "The Price is  
Right" Ch 4  
Horoscopes  
Today In History

8  
Exercise  
Word Mining  
"Valentine's Day"  
Table Talk  
6:00 Jeopardy &  
Wheel of Fortune

9  
Stretching  
Bingo  
Visits with the J's  
Table Talk  
Today In History  
7:00 Hallmark  
Movie

10  
9:00 Mass Ch 3  
11:00 Church  
Service Ch 221  
Word Search  
Current Events  
Table Talk

11  
Exercise  
Discussion  
Table Talk  
7:00 Hallmark  
Movie & Popcorn

12  
Exercise  
Table Talk  
Current Events  
Balloon Toss  
6:00 Jeopardy &  
Wheel of Fortune

13  
Balloon Toss  
Word Games –  
"Begins with "V"  
Horoscopes  
Stretching

14  
Stretching  
Current Events  
Valentine's Day  
Chat & Snacks  
Trivia  
7:00 Andy Griffith  
Valentine's Day

15  
Exercise  
Word Games –  
Hang Man  
Trivia  
Today In History

16  
Bingo  
Word Games  
Visits with the J's  
Afternoon Hallmark  
Movie  
6:00 Jeopardy &  
Wheel of Fortune

17  
9:00 Mass Ch 3  
11:00 Church  
Service Ch 221  
Today In History  
Word Games

18  
Stretching  
Current Events  
Table Talk  
Presidential Trivia  
First Ladies  
Movie: TBD  
Presidents' Day (US)

19  
Exercise  
10:30  
House Meeting  
Table Talk  
Hang Man  
Horoscopes

20  
Stretching  
Table Talk  
Current Events  
Connect Four  
6:00 Jeopardy &  
Wheel of Fortune

21  
Stretching  
10:00 "The Price  
Is Right" Ch 4  
States & Capitols  
Today In History

22  
Exercise  
Current Events  
Horoscopes  
Today in History

23  
Stretching  
Bingo  
Visits with the J's  
Table Talk  
Today in History  
7:00 Hallmark  
Movie

24  
9:00 Mass Ch 3  
11:00 Church  
Service Ch 221  
HangMan  
Table Talk  
Horoscopes

25  
Current Events  
Table Talk  
Exercise  
Horoscopes  
6:00 Jeopardy &  
Wheel of Fortune

26  
Exercise  
Today in History  
Horoscopes  
Current Events  
6:00 Jeopardy &  
Wheel of Fortune

27  
Exercise  
10:00 "The Price  
is Right" Ch 4  
Current Events  
Hallmark Movie  
Table Talk

28  
Stretching  
Current Events  
Word Games  
Trivia  
7:00 Andy Griffith  
show Ch. 250

Specific times are not  
designated to allow for  
flexibility and creativity  
Activities  
May Be Subject  
to Change.

